

Typika (Constitutions) of the Holy Mount Athos – Byzantine period

Module: historical-theological studies

Course Objectives:

Getting knowledge of the history and traditions of monastic life in Athonite Byzantine period; an introduction to all aspects of monastic life on the Athos Peninsula and the manner of the theocratic organization of the Athos monastic state as an autonomous (self-governing) area within the Roman Empire. Studying the significance of the founding of Slavic monasteries on the Holy Mountain and their roles in the church life of the Byzantine period of Serbs, Russians and Bulgarians.

Name and surname of teacher:

Dr. Mirko Sajlović, full professor

Faculty of Orthodox Theology

University of East Sarajevo

Teaching method: Lectures and exercises, Seminar Paper, consultations.

Course content by weeks:

1	Aton's history in ancient times
2	The beginnings of Athonite monasticism - History and Myth
3	Establishment of the coenobitic imperial monastery Great Lavra
4	The first Typikon (Constution) of the Holy Mount Athos – Tragos (972)
5	The Second Typikon (Constution) of the Holy Mount Athos – the Typikon of emperor Konstantinos IX Monomachos (1045)
6	Athos and the Slavic world; Slavic monasteries on Mount Athos.
7	The establishment of the monastery Chilandar and its place and role in the history of the Serbs
8	Typika of Saint Sava - Chilandar typikon and Karyes typikon
9	Mount Athos under Latin rule (1204-1224).
10	The chrysobull of the Emperor Andronicus II Palaeologus (1313)
11	Mount Athos under Serbian rule; During the reign of Tsar Stephen Dušan (1345-1355)
12	Mount Athos under Serbian rule – from the Emperor's death to the battle of the Marica (1355-1371)
13	The Third Typikon (Constution) of the Holy Mount Athos – Typikon of Antonios (1394)
14	The Fourth Typikon (Constution) of the Holy Mount Athos – the chrysobull of Manuel II Paleologos (1406); the monks were given the right of property and possession and prohibited the entry to women in Mount Athos.
15	Hesychasm on Holy Mount Athos
16	Colloquium
17	The exam

Literature:

1. Panagiotis C. Christou, *Athos. The Holy Mountain (History, Life, Treasures)*, Kyromanos Publishers, 1990.
2. J. Thomas and A. Constantinides, *Byzantine Monastic Foundation Documents (A Complete Translation of the Surviving Founders' Typika and Testaments)*, Washington, 2000.
3. Δ. Παπαχρυσάνθου, *Ο αθωνικός μοναχισμός: Αρχές και οργάνωση*, Αθήνα 1990.
4. Ι. Π. Μαμαλάκη, *Το Άγιον Όρος (Άθως) δια μέσου των αιώνων*, Θεσσαλονίκη 1971.